



THE  
OLD MANOR  
HOTEL

# High Tea

**Served from 4:00 pm to 5:30 pm**

Puff Pastry Topped Steak Pie (gf)  
Seasonal Vegetables  
Choice of Potatoes or Hand Cut Chips

Chef's Salad of the Day (gf)  
Hand Cut Chips or Baby Potatoes

Vegetarian Lasagne (v)  
Garlic Bread | Mixed Salad

Deep Fried Scampi  
Hand Cut Chips | Garden Peas

Battered or Breaded Haddock  
Hand Cut Chips | Mushy Peas

Chargrilled Chicken (gf)  
BBQ Sauce | Vegetables | Baby Potatoes

White and Brown Toast, a choice of freshly  
brewed Coffee or Tea & selection of Cakes  
and Scones with Jam and Cream

**£22.50**

**Fisher & Donaldson**  
Cupar

**Brakes Food Services**  
Dundee

**D. Blyth & Son**  
(Free range eggs)  
Leven

**John Henderson**  
**Meat Specialists**  
Glenrothes

**Fresh Express**  
(Fruit, Veg and Chips)  
Glenrothes

**Campbells**  
(Meat Fish Deli)  
Linlithgow

**G and J Wilson**  
(Fish Merchants)  
St Monans

**Barnetts Bakery**  
Anstruther

**You  
are  
here**

(v) Vegetarian    (gf) This item can be modified to be gluten free

Please ask your waiter. Our food is prepared in a kitchen where nuts, gluten and other known allergens may be present. Some of the dishes may contain allergens which could affect your health. If you have any concerns or known allergens, please speak to a member of staff who will advise you of the ingredients used. Ask your waiter for vegetarian options.